

Greetings from ...

Virginia Beach (Day 1b)

Since yesterday was really only our arrival we will call this day 1b. Today is the day we really begin our workouts. We were up at 7 and out on the beach at 7:30 after having “little breakfast”. Little breakfast is a small Dixie cup with juice (usually apple, orange, or grape) and 2 mini muffins. When we get home it’s time for a big breakfast, today however, it wasn’t so big since we haven’t rescued our cook from the grips of the airlines yet. We had cereal and milk and bacon and juice. They will get bigger once Mrs. Weedman and Maggie have arrived.

Today is all about figuring out where we sit at the table and where we sleep and getting unpacked and “housekeeping” things like that. We talked about the “contest” for the cleanest room. We haven’t gotten the prize yet but we’ll see what we come up with. Molly suggested that this year we do something different, perhaps a gift certificate or something. The parents will have to consider what might work that is different this year for all the ages. The kids have already thrown us a curve ball and it’s the first real day of being here. Hmmmmmm. I think this is going to be a GREAT Virginia Beach trip this year. Everyone seems pretty happy with their sleeping arrangements.

We rescued Mrs. Weedman and Molly around lunch time and they were home in time to eat with us (ribs made by Alexei and Valentin) and for Maggie to have a nap. We were all very happy to see them. Then out to the work out and Mrs. Weedman (Inna) began her work with the cooking. For dinner today Inna made a wonderful chili that is not spicy and uses ground turkey for the meat. Everyone seemed to really love it (except Chaim). We will try to make sure we find things to accommodate everyone’s tastes.

It rained all day today and was gloomy and misty and overcast. After every practice the kids came in soaking and had to drop tennis shoes, swimwear, towels and visors/caps in the laundry room for drying. The tennis shoes sounded like a marching band in the dryer pretty much all day. These are the days that we have 3 swimsuits and other multiple things including tennis shoes or caps. Everyone doesn’t have multiples but where they are able they share and it is going very nicely.

This year we don’t have a puzzle but David brought an Xbox which the boys have discovered already and are putting to good use. There are also lots of movies that people brought and if we run out there is a Blockbuster near the Walmart where we shop every day.

See you tomorrow!

Turkey Chili

- 1 lb. of Ground Turkey or beef
- 2 15 oz. cans of tomato sauce
- 1 can of mild Bush's chili beans or vegetarian beans
- 1 pkg mild chili mix
- ½ pkg of dried onion soup

Brown the ground turkey then add tomato sauce and the chili beans or vegetarian beans. Mix in the chili mix and the dried onion soup and let simmer until everything is hot all the way through.

Simple and nutritious. You can add other things like garlic or chopped onion in this case you would brown these with the ground turkey or beef.