

June 2007

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4 -----	5 -----Virginia	6 Beach	7 Training -----	8 -----	9
10	11 -----	12 -----Virginia	13 Beach	14 Training -----	15 -----	16
17	18 8:30 - 9:30 Freestyle 9:30 - 10:00 Stroking/Edge 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Conditioning	19 8:30 - 9:30 Freestyle 9:30 - 10:00 Innovations 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Jump	20 8:30 - 9:30 Freestyle 9:30 - 10:00 Jumps/Spins 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Ballet	21 8:30 - 9:30 Freestyle 9:30 - 10:00 Stroking/Edge 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Conditioning	22 8:30 - 9:30 Freestyle 9:30 - 10:00 Innovations 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Jump	23
24	25 8:30 - 9:30 Freestyle 9:30 - 10:00 Stroking/Edge 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Conditioning	26 8:30 - 9:30 Freestyle 9:30 - 10:00 Innovations 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Jump	27 8:30 - 9:30 Freestyle 9:30 - 10:00 Jumps/Spins 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Ballet	28 8:30 - 9:30 Freestyle 9:30 - 10:00 Stroking/Edge 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Conditioning	29 8:30 - 9:30 Freestyle 9:30 - 10:00 Innovations 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Jump	30

July 2007

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 8:30 - 9:30 Freestyle 9:30 - 10:00 Stroking/Edge 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Conditioning	3 8:30 - 9:30 Freestyle 9:30 - 10:00 Innovations 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Jump	4 No Club Ice	5 8:30 - 9:30 Freestyle 9:30 - 10:00 Stroking/Edge 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Conditioning	6 8:30 - 9:30 Freestyle 9:30 - 10:00 Innovations 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Jump	7
8	9 8:30 - 9:30 Freestyle 9:30 - 10:00 Stroking/Edge 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Conditioning	10 8:30 - 9:30 Freestyle 9:30 - 10:00 Innovations 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Jump	11 8:30 - 9:30 Freestyle 9:30 - 10:00 Jumps/Spins 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Ballet	12 8:30 - 9:30 Freestyle 9:30 - 10:00 Stroking/Edge 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Conditioning	13 8:30 - 9:30 Freestyle 9:30 - 10:00 Innovations 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Jump	14
15	16 8:30 - 9:30 Freestyle 9:30 - 10:00 Stroking/Edge 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Conditioning	17 8:30 - 9:30 Freestyle 9:30 - 10:00 Innovations 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Jump	18 8:30 - 9:30 Freestyle 9:30 - 10:00 Jumps/Spins 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Ballet	19 8:30 - 9:30 Freestyle 9:30 - 10:00 Stroking/Edge 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Conditioning	20 8:30 - 9:30 Freestyle 9:30 - 10:00 Innovations 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Jump	21
22	23 8:30 - 9:30 Freestyle 9:30 - 10:00 Stroking/Edge 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Conditioning	24 8:30 - 9:30 Freestyle 9:30 - 10:00 Innovations 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Jump	25 8:30 - 9:30 Freestyle 9:30 - 10:00 Jumps/Spins 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Ballet	26 8:30 - 9:30 Freestyle 9:30 - 10:00 Stroking/Edge 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Conditioning	27 8:30 - 9:30 Freestyle 9:30 - 10:00 Innovations 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Jump	28
29	30 8:30 - 9:30 Freestyle 9:30 - 10:00 Stroking/Edge 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Conditioning	31 8:30 - 9:30 Freestyle 9:30 - 10:00 Innovations 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Jump				

August 2007

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 8:30 - 9:30 Freestyle 9:30 - 10:00 Jumps/Spins 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Ballet	2 8:30 - 9:30 Freestyle 9:30 - 10:00 Stroking/Edge 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Conditioning	3 8:30 - 9:30 Freestyle 9:30 - 10:00 Innovations 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Jump	4
5	6 8:30 - 9:30 Freestyle 9:30 - 10:00 Stroking/Edge 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Conditioning	7 8:30 - 9:30 Freestyle 9:30 - 10:00 Innovations 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Jump	8 8:30 - 9:30 Freestyle 9:30 - 10:00 Jumps/Spins 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Ballet	9 8:30 - 9:30 Freestyle 9:30 - 10:00 Stroking/Edge 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Conditioning	10 8:30 - 9:30 Freestyle 9:30 - 10:00 Innovations 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Jump	11
12	13 8:30 - 9:30 Freestyle 9:30 - 10:00 Stroking/Edge 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Conditioning	14 8:30 - 9:30 Freestyle 9:30 - 10:00 Innovations 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Jump	15 8:30 - 9:30 Freestyle 9:30 - 10:00 Jumps/Spins 10:00 - 11:00 Freestyle 11:30 - 12:30 Off ice Ballet	16 No Club Ice DuPage Open	17 No Club Ice DuPage Open	18
19	20	21	22	23	24	25
26	27	28	29	30	31	